



North Atlantic Conference

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NAC Men's Basketball All-Conference Teams Announced

Green Mountain senior forward Rui Carmo was named the North Atlantic Conference Player of the Year in a vote by the conference coaches. Carmo currently leads the nation in scoring average with a 25.6 points per game average. The senior earned first-team all-conference selection as he leads the league in both points and rebounds averaging 28.4 points and 12.0 rebounds per conference contest and is among the league leaders in blocks (1.4 bpg) and field goal percentage (54.3%).

A duo from Farmington earned all-conference first team accolades. Senior guard Eric Lelansky and junior forward Eric Taylor led the Beavers to a 12-2 conference mark with a 1-2 scoring punch which ranks both in the top 10 in scoring. Lelansky averaged 16.1 points while shooting 48 percent from behind the three point line. Taylor dropped 14.2 points per conference contest while grabbing 8.1 rebounds per game.

First team honoree Husson's Josh Jones is the league's second leading scorer and rebounder. The junior forward scored 17.2 points with 11.9 rebounds while shooting nearly 52% from the field and led the league hitting 86.7% of his free throws.

Castleton's Derick Faragon was among the league leaders in points (15.6 ppg), field goal percentage (48.2%) free throw percentage (75.6%) and rebounds (5.4 rpg) helping the Spartans to their best conference mark in over five seasons and earning him a spot on the league's all-conference first team.

Thomas freshman guard Jarrad DeVaughn earned NAC Rookie of the Year. It's the third consecutive Rookie of the Year honor for a first year player from Thomas. DeVaughn, a second-team all-conference selection, is the leading first year scorer in the conference averaging 16.2 points per game along with 7.2 rebounds.

Farmington head coach Dick Meader and Castleton coach Paul Culpo shared NAC Coach of the Year honors. Farmington's Meader has lead his team (12-2 NAC, 12-11 overall) to the top seed in the NAC tournament while Culpo engineered a nine-game turnaround guiding a squad that was 1-13 in conference play and 2-23 overall a season ago to second place in the conference with a 10-4 mark (16-9 overall).

The University of Maine at Farmington was honored with the Team Sportsmanship Award for the second consecutive season. NAC all-conference selections are determined by a vote of the conference coaches. Additional players honored are due to ties in the voting.

2009-10 NAC Men's Basketball All-Conference Teams

First Team

Rui Carmo	Sr.	F	Green Mountain
Derick Faragon	Jr.	F	Castleton
Josh Jones	Jr.	F	Husson
Eric Lelansky	Sr.	G	Farmington
Eric Taylor	Jr.	F	Farmington

Second Team

Brock Bradford	Sr.	G	Husson
Jarrad DeVaughn	Fr.	G	Thomas
Andrew Duncanson	Jr.	G	Thomas
Leandro Martinez	Sr.	G	Johnson State
Josh Tanguay	Sr.	C	Farmington

Player of the Year

Rui Carmo	F	Sr.	Green Mountain
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Rookie of the Year

Jarrad DeVaughn	G	Fr.	Thomas
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Co-Coaches of the Year

Dick Meader	Farmington
Paul Culpo	Castleton

Team Sportsmanship Award

University of Maine at Farmington